

## A Better Way Counseling

<http://abwcounseling.com>

**Agency Type:** Profit

### A Better Way Counseling

818 NW 17th Avenue, Suite 8  
Portland, OR 97209

**Phone(s):**

(503) 226-9061 Reception

**Website:** <http://abwcounseling.com>

**Office Hours:** Monday-Friday 8am-8pm

A Better Way Counseling serves all populations and is primarily a for profit center. It does offer free support groups. One is for family, friends and sufferers of eating disorders which meets once per month and a second group that is reserved for people who actually suffer from an eating disorder which meets two times per month.

**Fees:** None for support groups, fixed fees for all other services, some insurance

**Eligibility:** Persons with eating disorders, their family and other loved ones

**Intake procedure:** Call for information

**Service Area:** Multnomah County

## AARP-Oregon State Office

<http://www.aarp.org/states/or/>

**Agency Type:** Private, Non-Profit

### AARP Oregon State Office

9200 SE Sunnybrook Blvd Suite 410  
Clackamas, OR 97015-5762

**Phone(s):**

(866) 554-5360 AARP Oregon  
(888) 687-2277 Membership  
(800) 456-2277 Pharmacy/Product Information

**Website:** <http://www.aarp.org/states/or/>

**Office Hours:** Monday-Friday 9am-5pm

Organization for people 50 years and over serving their needs and interests through education, information, advocacy and volunteer opportunities. Programs include Driver Safety Program, Tax-Aide, health advocacy and community volunteer opportunities.

**Fees:** Membership fee

**Eligibility:** Members who are 50 years and older

**Intake procedure:** Call for information

**Service Area:** Oregon State

## ACORN Housing

[www.acornhousing.org](http://www.acornhousing.org)

**Agency Type:** Private, Non-Profit

### ACORN Housing-Financial/Housing Counseling

5102 SE Powell Blvd  
Portland, OR 97206

**Phone(s):**

(503) 788-9989 Main

**Website:** [www.acornhousing.org](http://www.acornhousing.org)

**Office Hours:** Monday-Friday 9am-6pm

ACORN Housing is a HUD-certified non-profit that provides free credit and debt counseling, foreclosure counseling, reverse mortgage counseling, as well as free home buyer education/counseling.

**Fees:** Free, or \$20 if a credit report is needed. Will accept check or money order as payment method.

**Eligibility:** No restriction

**Intake procedure:** Call for information

**Service Area:** Oregon and SW Washington

## AIRS National Headquarters

<http://www.airs.org>

**Agency Type:** Private, Non-Profit

### 211 Search

\*Website Only\*

**Phone(s):**

**Website:** <http://www.211.org/ReferWeb/MainForm.aspx>

**Office Hours:** Not applicable

2-1-1 Search is a search engine that finds 2-1-1 call centers and other information and referral related sites in the United States.

**Fees:** Not applicable

**Eligibility:** Not applicable

**Intake procedure:** Website

**Service Area:** National

## Abuse Recovery Ministry and Services

<http://www.armsonline.org>

**Agency Type:** Private, Non-Profit